

Deborah L. Harbinson BSN, MHI, RN, HNB-BC

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PROFESSIONAL OBJECTIVE

I am passionate about advocacy for everyone throughout the health care continuum.

SUMMARY

- Expert presenter and resource on best practice methods and benefits of integrative healthcare.
- Proven ability to lead and collaborate with key stakeholders to support an innovative environment and measure outcomes.
- Proficient relationship-centered holistic nurse consultant

EDUCATION

Arizona State University Phoenix, Arizona
College of Nursing & Health Innovation Master of Healthcare Innovation, 2009

- Additional classes in Nursing Education Certificate Program

Arizona State University Tempe, Arizona
College of Nursing Bachelor of Science in Nursing, 1997

South Chicago Community Hospital Chicago, Illinois
School of Nursing Diploma in Nursing, 1979

RELEVANT WORK EXPERIENCE

- 2003-present** Principal Owner
Harbinson Wellness Solutions
- Speaker, consultant and facilitator in Stress Resilience, Therapeutic Laughter and Humor, Play, Mindfulness, Breath Work, Sign Chi Do, Mindful Eating, and Integrative Imagery to inspire holistic health.
- 2014-2017** Adjunct Faculty
- **Arizona State University** Phoenix, Arizona
 - Integrative Health Baccalaureate Program
 - **Rio Salado College** Tempe, Arizona
 - Holistic Nursing Certification Program
- 2011-2013** Outreach Program Manager Phoenix, Arizona
Banner Alzheimer's Institute
- Liaison between community and the institute.
 - Oversight of the Native American program.
 - Developed and facilitated various programs, courses, and presentations in brain health, dementia awareness and caregiver resilience.
- 2009-2011** Clinical Education Specialist Phoenix, Arizona
Banner Good Samaritan Medical Center Goodyear, Arizona
Cancer Treatment Centers of America
- Management of new hire and continuing education of staff

- 2007-2009** Research Nurse: Health Empowerment Study for Homebound Older Adults
Arizona State University Phoenix, Arizona
College of Nursing & Healthcare Innovation
- 2006-2008** Perioperative Facilitator for “Prepare for Surgery, Heal Faster”
Banner Estrella Medical Center Phoenix, Arizona
 ▪ Designed processes and functioned as OR charge/staff nurse for an entire 36-hour weekend perioperative flow of patient care
- 2001-2005** Coordinator of Senior Wellness Clinics
John C. Lincoln Health Network Phoenix, Arizona
 ▪ Performed skilled wellness nursing assessments and collaborated with healthcare providers on behalf of the older adult’s needs
 ▪ Initiated and coordinated Laughter Clubs; an innovative wellness program at senior centers, The Wellness Community, and other public sites.
 ▪ Presented health education and resources to the surrounding community
- 2001-2003** Faith-Based Community Nurse
Orangewood Presbyterian Church Phoenix, Arizona
 ▪ Participated as the healthcare resource in a spiritual multidisciplinary team for 350 members, all ages, within a faith-based community
 ▪ Successfully assessed members for healthcare needs, monitored their progress, identified and resolved challenges, and optimized the individual’s preferred outcome across the healthcare continuum
 ▪ Coordinated healthcare programming within a spiritual context for the surrounding community

OPERATING ROOM EXPERIENCE

- Management**
- 1999-2001** Banner Good Samaritan Family Practice Phoenix, Arizona
 • Clinic Manager
- 1996-1997** Glendale Samaritan Surgicenter Phoenix, Arizona
 • Provided both Perioperative leadership and education
- 1993-1996** Banner Good Samaritan Medical Center Phoenix, Arizona
 • Assistant to the Director of the Perioperative area, accountable 24-hours and 7-days per week for the operation of the Level I Trauma 16-suite OR
 • Facilitated multidisciplinary team for designing, implementing, and evaluating process in the OR for patient safety and staff satisfaction
- Perioperative Staff Nurse**
- 1998-2008** Banner Estrella Medical Center Phoenix, Arizona
 Maryvale Hospital Phoenix, Arizona
 Scottsdale Healthcare-Osborn Scottsdale, Arizona
 St. Joseph’s Hospital Phoenix, Arizona
- 1984-1996** Banner Good Samaritan Medical Center Phoenix, Arizona
- 1979-1984** St. Margaret’s Hospital Hammond, Indiana

HOME HEALTH WORK EXPERIENCE

2006-2011	AGE Consultants Geriatric Care Management	Phoenix, Arizona
1990-1992	Samaritan Home Health Services	Phoenix, Arizona

MEMBERSHIPS MAINTAINED

2015	International Society of Humor Studies
2013	American Nurses Association
2004	Imagery International
2003	American Holistic Nurses Association
2003	Association for Applied and Therapeutic Humor
2003	World Laughter Tour, Inc.

PROFESSIONAL DEVELOPMENT AND MAINTAINED

Ongoing	Advanced training through the World Laughter Tour, Inc.
2016	Creative Insight Journey Coaching TM
2015	Mindful Eating Coaching TM
2015	Shift Your Grief Coach TM (Death & Dying Companion Program)
2014	Integrative Aromatherapy Certification Program
2010	HeartMath Interventions for Healthcare Professionals
2007	Center for Mind-Body Medicine Level I Training
2007	Am I Hungry? TM Facilitator
2006	Board Certification as a Holistic Nurse (HNB-BC)
2006	Certification for “Prepare for Surgery, Heal Faster” by Peggy Huddleston
2005	Sign Chi Do Instructor Certification
2004	Nurses Certificate Program in Imagery- Beyond Ordinary Nursing
2004	Therapeutic Clown Camp, University of Wisconsin-LaCrosse Campus
2003	Certified Laughter Leader / Advanced CLL Training
1999	Parish Nurse Basic Preparation Course
1993	Certification for Nursing in the Operating Room (CNOR)

AWARDS

2004	John C. Lincoln Health Nurse Exemplar Award for Community Service
2002	City of Phoenix, “Carl Lightcap Award” for senior wellness program.

PUBLICATION

Harbinson, D. (2007). Have you laughed today? *Beginnings*, Publication of the American Holistic Nurses Association, 27(4), 30-31.

2017 American Nurses Association Monthly Webinar Series: Healthy Nurse/Healthy Nation Therapeutic Laughter: Creating a Mirthful Environment	
2017 American Holistic Nurses Association Annual Conference Science of Laughter, Psychology of Humor, and Experience of Mirth	Rancho Mirage, CA
2017 International Integrative Nursing Symposium Science of Laughter, Psychology of Humor, and Experience of Mirth	Tucson, AZ
2016 Gila River Health Care Care for the Caregiver	Sacaton, AZ
2015 Amity Foundation 2 nd Annual Elder Conference (Topics: 1. Dementia Care 2. Therapeutic Laughter for Aging Well)	Nanjing, China
2015 Scottsdale Eye Surgery Center Staff Resilience	Scottsdale, AZ
2015 International Society of Humor Studies Annual Conference The Therapeutic Laughter Experience	Oakland, CA
2015 AZ Ambulatory Surgery Center Annual Conference PLEASE, Do Not Burn Out	Paradise Valley, AZ
2014 American Osteopathic Medical Association Integrating Therapeutic Humor and Laughter into Healthcare: An Overview	Scottsdale, AZ
2013 Morning of Wellness, American Holistic Nurses Association Laughter and Play	Phoenix, AZ
2011 The Wellness Community Laughter for the Health of It!	Phoenix, AZ
2011 Taos Institute Annual Conference Play with Purpose: Relational and Performative Practices in Everyday Life/Laughter Circle	Seminar at Sea: Yucatan, Mexico
2010 Maricopa County Integrated Health Services Perioperative and Trauma Services: Laughter Fitness and Resiliency	Phoenix, AZ
2009 John C. Lincoln Healthcare, Nursing Grand Rounds Remembered Well-being: Exploring the Mind-Body Medicine Connection	Phoenix, AZ
2009 February AORN Phoenix & the Valley and the Salt River Chapters Annual Joint Chapter Workshop: Laughter and Stress Resistance	Mesa, AZ
2008 Verde Valley Medical Center 2 day Retreat Laughter and Caregiver Stress	Cottonwood, AZ
2007 Purdue University, College of Nursing Keynote - Stress Management and Nursing	Valparaiso, IN
2007 Arizona Nurses Association Conference Laughter, Stress Management and Nursing	Scottsdale, AZ
2007 Arizona Geriatrics Society Symposium Laughter Fitness and the Older Adult	Phoenix, AZ
2005-2007 Arizona State University College of Nursing & Healthcare Innovation Laughter Fitness and Nursing Students	Phoenix, AZ